

## Coconut Popsicles

Coconut Water or Coconut milk, combination is great.  
Coconut Flakes (Sweetened or Unsweetened)

Blend together and pour into Popsicle molds. When frozen you can dip into chocolate syrup and freeze again.

### Chocolate Syrup:

1/2 cup of Chocolate Powder w/Muscovado Sugar  
Maple Syrup or Raw honey  
Add to the consistency you want, if too thick add little coconut water

OR

Appliance needed: Coffee grinder

½ cup of freshly grounded fine raw cacao powder (should dissolve easily with Agave nectar)  
Agave Nectar to taste



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